

Today I am Grateful for...

Use the prompts below to write about something you're grateful for in each topic.

1 A PERSON WHO MEANS VERY MUCH TO ME	2 A CHILDHOOD MEMORY	3 A CHALLENGE I'VE OVERCOME	4 AN EXPERIENCE I WOULDN'T WANT TO BE WITHOUT
5 A CHARACTERISTIC IN MYSELF	6 A RELATIONSHIP I COULDN'T LIVE WITHOUT	7 SOMETHING RELATING TO MY JOB/SCHOOL	8 A NEW EXPERIENCE FROM TODAY
9 SOMETHING RELATING TO MY HOME	10 MY FAVE FOOD	11 A SKILL I'VE USED TODAY	12 SOMETHING I'VE TREATED MYSELF TO TODAY
13 A MOMENT FROM TODAY	14 MY BODY	15 A CHARACTERISTIC IN A BELOVED FRIEND	16 MY EMOTIONS
17 SOMETHING I USE EVERYDAY	18 SOMETHING THAT'S SHAPED ME INTO WHO I AM TODAY	19 A WORD THAT'S MADE ME HAPPY	20 A MOVIE OR BOOK THAT'S IMPACTED ME
21 SOMETHING I'VE LEARNED TODAY	22 TODAY'S WEATHER	23 AN ADVANTAGE WITH MY AGE	24 THIS SEASON
25 A SONG THAT MAKES ME HAPPY	26 SOMETHING I'M PLANNING TO DO	27 A HIGHLIGHT FROM TODAY	28 MY FAMILY
29 THE COUNTRY I LIVE IN	30 A CHANGE I'VE MADE	31 SOMETHING I ENJOY DOING	